Women's Health and Cancer Rights Annual Notice

The Women's Health and Cancer Rights Act ("WHCRA") requires City of Ontario to notify participants and beneficiaries of the City of Ontario Group Health Plan (the "Plan"), of their rights to mastectomy benefits under the Plan. Participants and beneficiaries have rights to coverage to be provided in a manner determined in consultation with the attending Physician for:

- All stages of reconstruction of the breast on which the mastectomy was performed;
- Surgery and reconstruction of the other breast to produce a symmetrical appearance;
- Prostheses; and
- Treatment of physical complications of the mastectomy, including lymphedema.

These benefits are subject to the same deductible and co-payments applicable to other medical and surgical benefits provided under this Plan. For further details, please refer to the Plan's Summary Plan Description.

For more information on WHCRA benefits, call (909) 395-2433.

Newborn's and Mothers' Health Protection Act of 1996 (NMHPA)

Group health plans and health insurance issuers generally may not, under federal law, restrict benefits for any hospital length of stay in connection with childbirth for the mother or newborn child to less than 48 hours following a vaginal delivery, or less than 96 hours following a cesarean section. However, federal law generally does not prohibit the mother's or newborn's attending provider, after consulting with the mother, from discharging the mother or her newborn earlier than 48 hours (or 96 hours as applicable). In any case, plans and issuers may not, under federal law, require that a provider obtain authorization from the plan or the issuer for prescribing a length of stay not in excess of 48 hours (or 96 hours).

Notice of Availability of HIPAA Privacy Notice

The federal Health Insurance Portability and Accountability Act (HIPAA) requires that we periodically remind you of your right to receive a copy of the City of Ontario's HIPAA Privacy Notice. You can request a copy of the Privacy Notice by contacting the Human Resources Department. HIPAA Privacy Notices that pertain to the plans may be obtained by contacting your insurance carrier directly.

For more information on any of these topics, please contact Benefits at (909) 395-2433 or by email at benefits@ci.ontario.ca.us.